



# **Special Seminar in SKIF GHQ**

During the week of the SKIF International Seminar, SKIF Yudansha-Kai held a special seminar at the Honbu Dojo on the Thursday. These sessions were exclusive for SKIF Yudansha-Kai members and limited in size due to the restrictions in honbbu dojo, this created a very private and special atmosphere. The seminar was free for SKIF Yudansha-Kai members, however, members made personal donations to SKIF GHQ to support the Honbu Dojo after a long COVID lockdown in Japan, which ended in March 2023.

# Morning Session - Kancho Nobuaki Kanazawa & Shuseki Shihan Manabu Murakami

The morning session was a two hour class featuring advanced Kihon and Kata. Shuseki Shihan Murakami began by teaching advanced Kihon and Kancho Kanazawa instructed Nijuhachi a kata introduced by Soke into SKIF.

























# Afternoon Session - Sensei Fumitoshi Kanazawa, Sensei Hiyori Kanazawa & Sensei Paul Huglo

The afternoon session covered unique special training methods that are normally not taught during international seminars such as Makiwara, Resistant Band training and and advanced kumite with self defence which all the members enjoyed.











# **Zoom Livestreams**

SKIF Yudansha-Kai hosts two annual Livestreams in honour of Soke Hirokazu Kanazawa, the first in May on his birthday, and the second in December on his anniversary. The Livestreams over delivered via Zoom and are a complimentary convenient way for members from all over the globe to come together and train with each other under expert instructors from SKIF GHQ. We usually host these at 20:00 Japan Time to ensure its not too late for the SKIF GHQ instructor.









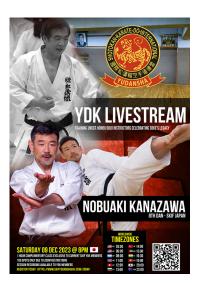
### **May Livestream**

This took place on the 6th May 2023 and featured Shuseki Shihan Manabu Murakami & Sensei Fumitoshi Kanazawa. The class featured traiditional Kihon followed by Hangetsu.

#### **December Livestream**

This took place on the 9th December 2023 and featured Kancho Nobuaki Kanazawa. The class featured traditional Kihon followed by Kanku Dai.





SKIF is an international family. I refer you to a verse I remember while attending Takudai, which says, 'For all the colours, regions, and boundaries of humanity, let there be no discrimination.' My aspiration in teaching overseas has been to foster courtesy, respect, and an appreciation for one another. I have tried to improve relations among people by showing them the budo of karate. And it is encouraging to see results – teaching karate –do can strengthen friendships and open up new communication channels. Each time we host a world championship tournament, the goal is always the same: Seek peace and goodwill to all who cross your path, and you will follow my example.

Soke Hirokazu Kanazawa Interview with SKIF USF





# 14th SKIF World Championships Two-Day Seminar Gyor Hungary - August 2023

The 14th SKIF World Championships took place in Gyor Hungary in August 2023 and SKIF Yudansha-Kai held a two-day special seminar featuring Kancho Nobuaki Kanazawa, Shuseki Shihan Manabu Murakami and Sensei Daizo Kanazawa.

With over 200 participants from around the globe it was an amazing seminar and an opportunity for friends to reunit and train together in harmony and friendship.







The most important points of my teaching are breathing, movement and timing. But breathing is first.... the first thing we do in this world is to breathe and, you know, even today, 90% of people do not know how to breathe correctly. If the breathing is wrong, your body will go wrong – your mind will be wrong also – there is a very strong connection. You control your spirit with your breathing and we should always be thinking and trying to learn more about this most vital aspect – it is the very core of life.

Soke Hirokazu Kanazawa



# 14th SKIF World Championships Dr Philip Kwok Special Reception

During the 14th SKIF World Championships week, Dr. Philip Kwok, President of SKIF Yudansha-Kai, thoughtfully arranged an exclusive event for a chosen group of dedicated long-term supporters of SKIF Yudansha-Kai. This private gathering was his way of sincerely thanking them for their committed work in promoting SKIF Yudansha-Kai within their regions.











































# **Promoting Soke's Teachings** across West-Africa

projects on the horizon. In February 2024, SKIF Yudansha-Kai is embarking on a new endeavour aimed at spreading Soke's Karate-Do legacy to regions that have rarely had



SKIF Yudansha-Kai is very excited about this project and we extend our best wishes to Shuseki Shihan Manabu Murakami and Sensei Paul Huglo for the success of the trip and we eagerly anticipate the publication of photographs and reports from this remarkable journey and seeing Soke's teachings expand across West-Africa.

# **West Africa**

The West African region, nestled along the continent's western coastline, is a captivating and culturally diverse part of Africa. It stretches from the azure waters of the Atlantic Ocean to the arid landscapes of the Sahel in the north, offering a remarkable spectrum of environments.

This area is renowned for its warm hospitality, vibrant festivals, and a wealth of languages and ethnic groups, including the Akan, Yoruba, Fulani, and Hausa, among others.

With a history rich in empires and kingdoms, such as the Mali Empire and the Ashanti Kingdom, West Africa is a treasure trove of historical and cultural heritage. Today, it continues to play a pivotal role in African politics, economics, and cultural exchanges, making it a dynamic and ever-evolving region of the continent.





Sensei Paul Huglo in action at the 14th SKIF World Championships, Gyor Hungary Photo courtesy of Da Pap Photography

# **Country Profile & Demographics**

#### Togo

Togo, a West African nation nestled between Ghana to the west and Benin to the east, boasts a diverse landscape that captivates with its natural beauty. From the palm-fringed coastline along the Gulf of Guinea to the rolling hills and plateaus of the interior, Togo's geography is as varied as it is picturesque.

The country's most prominent feature is the northern Togo Mountains, which extend southward, offering a dramatic backdrop to the fertile plains below. These geographical wonders, combined with a tropical climate characterized by distinct wet and dry seasons, make Togo a land of agricultural abundance.

### Côte d'Ivoire

Côte d'Ivoire, situated on the West African coast, is a nation defined by its captivating geography and diverse demographics. The country boasts a stunning landscape, with a lush southern coastline along the Gulf of Guinea featuring pristine beaches, while its interior is marked by dense rainforests and rolling savannahs, punctuated by the impressive Cavalla Mountains in the west.

The Bandama River divides the nation into a southern forested region and a northern savannah region, creating a striking geographical contrast.

## **Togo Facts**

Population: 8 million people (Jan 2022)

Official Language: French Capital City: Lomé Largest City: Lomé

**Currency:** West African CFA franc (XOF) **Physical Size:** 56,785 square kilometers

#### **Côte d'Ivoire Facts**

Population: 26 million people (Jan 2022)

Official Language: French
Capital City: Yamoussoukro
Largest City: Abidjan

**Currency:** West African CFA franc (XOF) **Physical Size:** 322,463 square kilometers



Soke Hirokazu Kanazawa addressing the athletes at the Opening Ceremony



9th SKIF WORLD CHAMPIONSHIP TOKYO 2006



Taiko Drums demonstration





Junior demonstration by children from all over Japan including demonstrations of katas from different styles of Karate-Do



Soke Hirokazu Kanazawa performing an impressive katana demonstration



Soke Hirokazu Kanazawa performing Tatami Omote Tameshigiri showcasing his exceptional skills with a katana



# SKIF Yudansha-Kai Seminar at the 9th SKIF World Championships, Tokyo 2006

During the 9th SKIF World Championships week, SKIF Yudansha-Kai held their special seminar under Soke Hirokazu Kanazawa assisted by several SKIF instructors. This seminar covered special kata training for the championships.



Soke Hirokazu Kanazawa demonstrating Kanku-Dai at the SKIF Yudansha-Kai Seminar in Tokyo
Photo courtesy of Bozenna Tedder



Kancho Nobuaki Kanazawa demonstrating at the SKIF Yudansha-Kai Seminar in Tokyo Photo courtesy of Bozenna Tedder



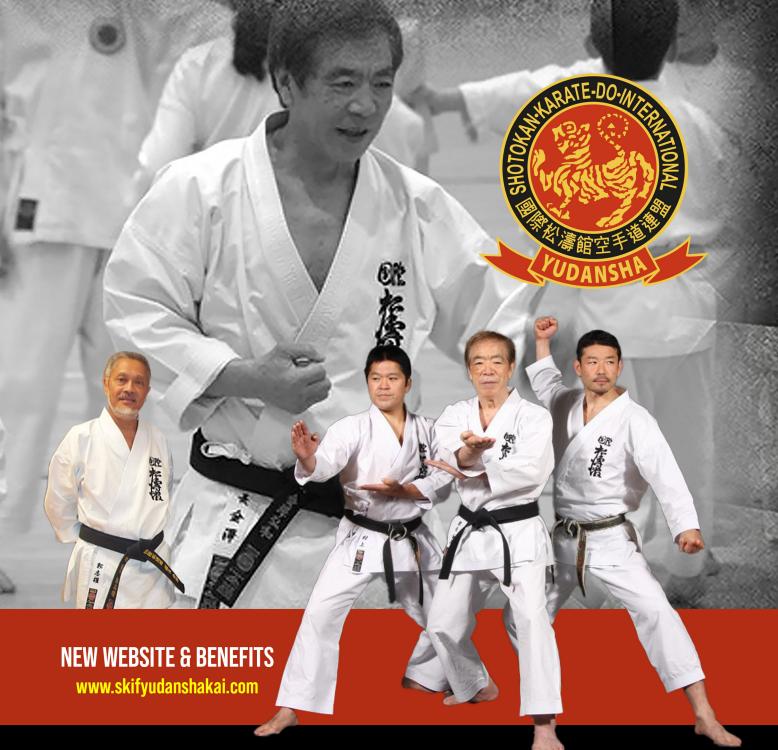
Sensei Fumitoshi Kanazawa demonstrating at the SKIF Yudansha-Kai Seminar in Tokyo Photo courtesy of Bozenna Tedder



Sensei Shigeyuki Ichihara demonstrating at the SKIF Yudansha-Kai Seminar in Tokyo Photo courtesy of Bozenna Tedder



Shihan Masaru Miura demonstrating at the SKIF Yudansha-Kai Seminar in Tokyo Photo courtesy of Bozenna Tedder





#### What is SKIF Yudansha-Kai?

SKIF Yudansha-Kai is an alumni of SKIF Registered Black Belts globally who are dedicated to promoting and preserving the teachings and legacy of Soke Hirokazu Kanazawa. Join us today and help support SKIF GHQ.

#### What you could access free with a 5-Year Membership?

2 x SKIF World Championships	Special Members Area
(Four Sessions with SKIF GHQ Instructors)	(Special Website Members Area & Zoom Video Archive
5 x SKIF International Seminars	Free Blazer Badge & Lapel Pin
(Annual Session with SKIF GHQ Instructors in Tokyo)	(Free when joining YDK with a 5-Year Membership)
10 x Zoom Seminars	Free SKIF YDK Digital ID



