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END OF SUMMER S.K.I.-I. SEMINAR

IGEA MARINA 23-24-25 SEPTEMBER

PROGRAM

FRIDAY
23/09

08:00 -	SEMINAR REGISTRATION AND BOOKING PAYMENT
09:00 - 10:00	REFEREES COMMISSION
10:00-12:00	TRAINING FOR ALL B.B. AND KYU: KIHON AND KATA BASIC MOVEMENT STUDY
12:30 - 14:00	LUNCH
16:00 - 17:00	REFEREE COURSE (DIVISION IN LEVEL BANDS) TRAINING FROM 9th - 2nd KYU 1st KYU (1st DAN EXAMINATION PROGRAM) B.B. 1° DAN (2° DAN EXAMINATION PROGRAM)
17:00 - 18:00	B.B. 2nd DAN (EXAMINATION PROGRAM 3rd DAN) FROM 3 ° DAN up (KATA JITTE)
18:00 - 19:00	TRAINING B.B. FROM 3° DAN UP AND B.B. VETERANS WITH SOSHI MIURA
19:30 - 21:00	DINNER

SATURDAY
24/09

06:00 - 07:00	FOOTING AGONISTS AND GYMNASTICS FOR VETERIANS
07:15 - 08:00	BREAKFAST
09:00 - 10:30	TRAINING 9th-2nd KYU 1st KYU (EXAMINATION PROGRAM FOR 1st DAN) B.B 1st DAN (EXAMINATION PROGRAM FOR 2nd DAN) B.B. 2 DAN (EXAMINATION PROGRAM FOR 3rd DAN)

SUNDAY
25/09

10:30 -12:00	ASPIRING INSTRUCTORS COURSE(KATA BASSAI DAI) TRAINING(Kata study diversified according to the degree) for all black belts. ONLY FOR INSTRUCTORS: YAKUSOKU KUMITE STUDY
13:00 – 14:00	LUNCH
15:00 - 16:00	REFEREE COURSE
16:00 – 17:30	TRAINING FROM 9° TO 2° KYU 1st KYU (EXAMINATION PROGRAM FOR 1st DAN) B.B. 1st DAN (EXAMINATION PROGRAM FOR 2nd DAN) B.B. 2 DAN (EXAMINATION PROGRAM FOR 3rd DAN B.B. FROM 3° DAN UP(KATA CINTE)
17:30-18:45	TRAINING FOR ALL BLACK BELTS WITH SOSHI MIURA
19:30– 20:45	DINNER
21:00 –	FEDERAL MEETING AT HOTEL MEDITERRANEO (entrance to the suite rooms).
06:00 -07:00	FOOTING AGONISTS AND GYMNASTICS FOR VETERANS
07:15 – 08:00	BREAKFAST
08:30 – 10:00	TRAINING FOR ALL CATEGORIES
10:15 –	KYU AND DAN EXAMS ALL GRADES , ASPIRING INSTRUCTORS AND REFEREE

OSS!!!